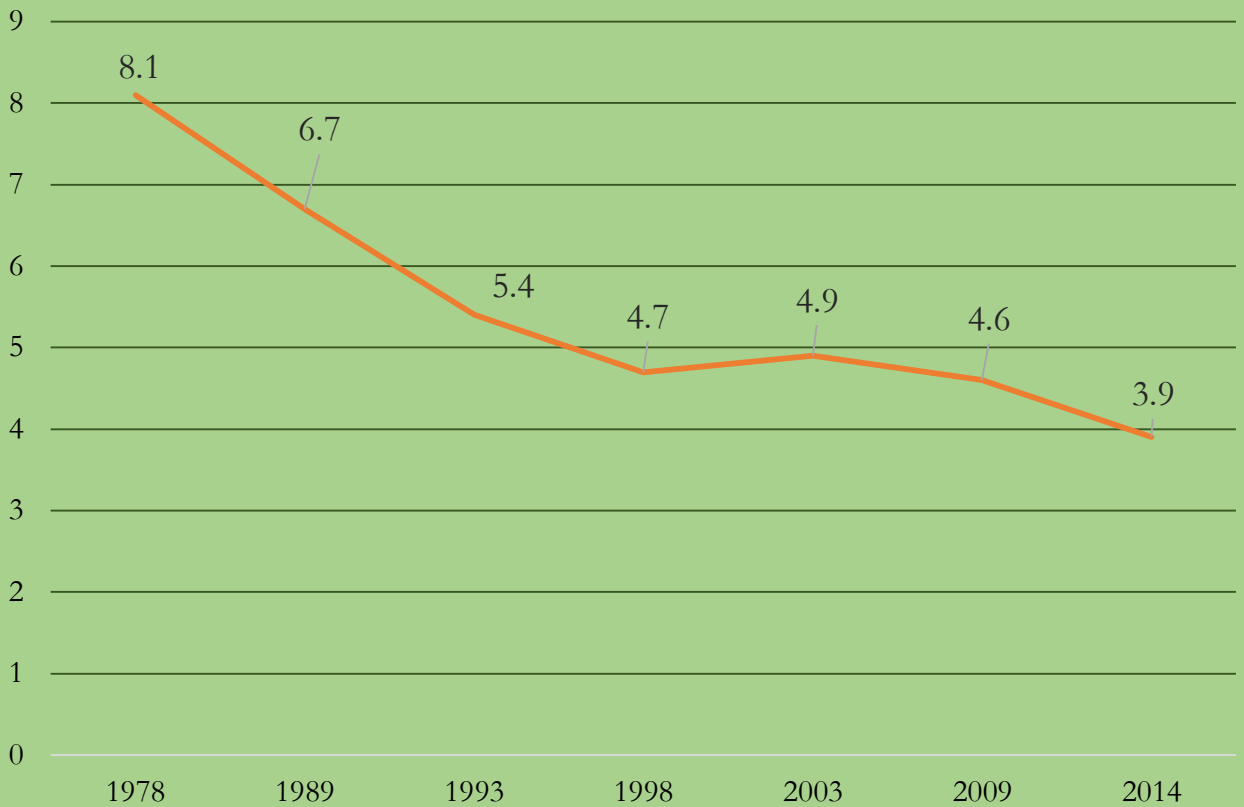




Fertility in Kenya

Fertility trend from 1978 -2014

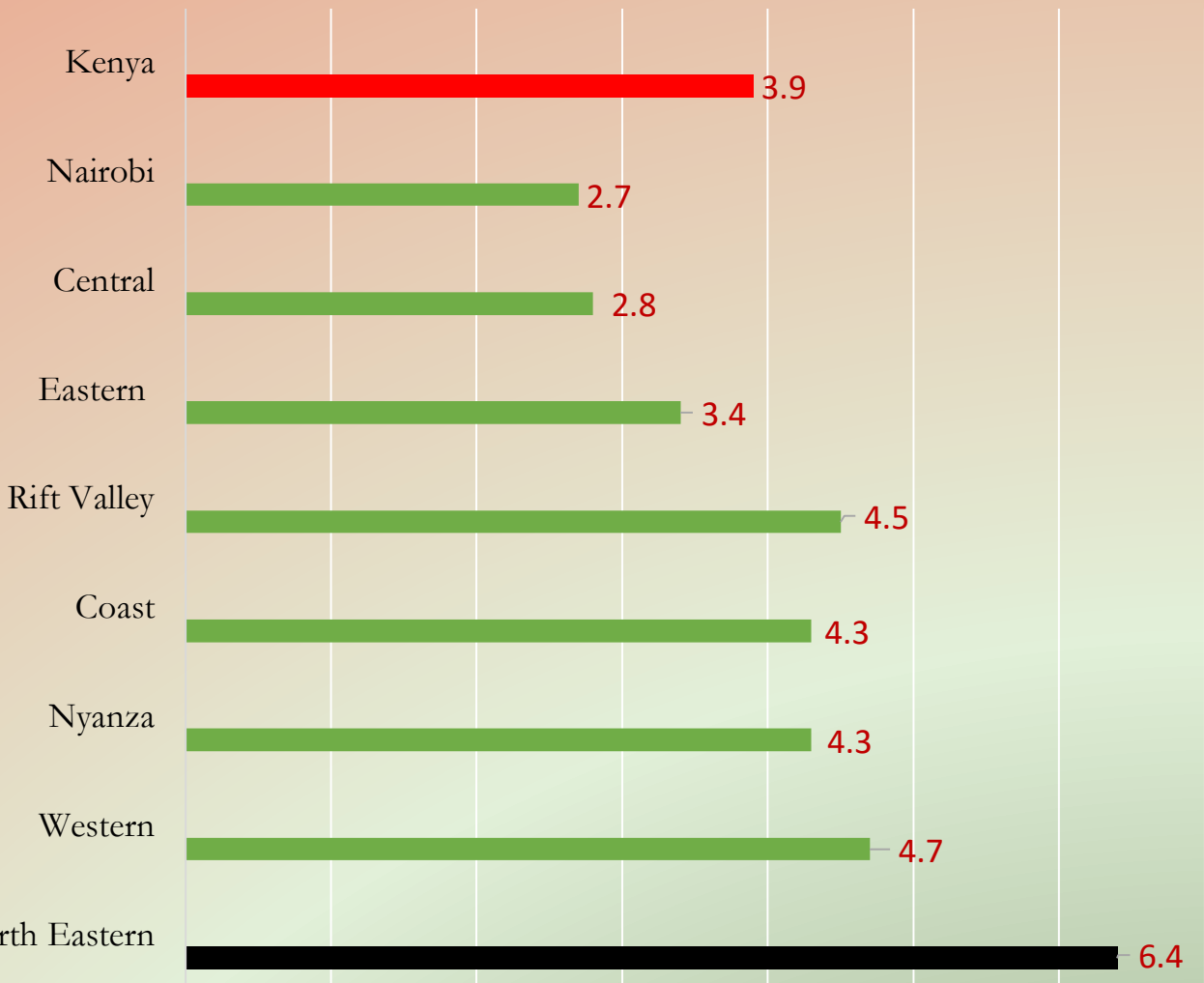


Through the Government's concerted efforts fertility rates have decreased over the years from the highs of 8.1 children per woman in 1978 to 3.9 children per woman in 2014. According to the Sessional Paper No. 3 on Population Policy for National Development the fertility rate is expected to decrease to 2.6 children per woman by 2030.

Despite the fertility rate being 3.9 children per woman, there exist regional disparities as shown in the bar graph below. North Eastern region has the highest fertility rate at 6.4 children per woman followed by Western and Rift Valley at 4.7 and 4.5 children per woman respectively. Nairobi has the lowest fertility rate at 2.7 children per woman.



Regional Fertility rate;



Reasons for high fertility rates;

- Unplanned/unwanted pregnancies;
- High teenage pregnancies;
- Unmet need for family planning
- Poor access to family planning commodities;
- Low male involvement;
- Erratic Family Planning (FP) commodity supply in health facilities